# San Bernardino Valley College

# Course Outline for NURS 118 NURSING CARE PLAN ENRICHMENT

### I. CATALOG DESCRIPTION

Nurs 118, Nursing Care Plan Enrichment 1 hour lecture = 1 unit Supplementary course to assist students in the first year of the nursing program to increase understanding and improve ability to construct client-focused Nursing Care Plans using the case analysis method.

SCHEDULE DESCRIPTION: Same

PREREQUISITE: NURS 102 with a grade of C or better

- II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: One
- III. EXPECTED OUTCOMES FOR STUDENTS

Upon completion of the course, the student should be able to:

- A. Describe, use, and analyze the steps in the nursing process to construct Nursing Care Plans from case presentations.
- B. Discuss and differentiate between frameworks used to construct nursing diagnoses; North American Nursing Diagnosis Association list, Gordon's framework of functional health patterns, and diagnostic divisions of Doenges.
- C. Discuss nursing case presentations, demonstrating critical thinking skills.
- D. Integrate psychological, sociocultural, and developmental aspects into the construction of nursing care plans.

### IV. CONTENT

- A. Review steps of the nursing process
  - 1. Assessment/analysis
  - 2. Formation of nursing diagnoses
  - 3. Goals/expected outcomes
  - 4. Plan nursing interventions
  - 5. Evaluation
- B. Case presentations
  - 1. Presentation of case scenario
  - 2. Steps of the nursing process
  - 3. Construction of sample nursing care plan
- C. Critical thinking related to the nursing process

# V. METHODS OF INSTRUCTION

- A. Lecture
- B. Oral presentations
- C. Group discussion/project
- D. Written assignments
- VI. TYPICAL ASSIGNMENTS

#### NURS 118 - Course Outline

- A. In a small group review case presentation, analyze data and follow the steps of the nursing process to construct a nursing care plan including; nursing diagnoses, goals/expected outcomes, and nursing interventions.
- B. Critically evaluate sample nursing care plans for deviations from the nursing process.

### VII. EVALUATION

- A. Methods of evaluation
  - 1. Graded oral and group presentations according to stated criteria
  - 2. Written nursing care plans according to criteria
  - 3. Participation in group projects

## B. Frequency of evaluation

- 1. 2 Nursing Care Plans
- 2. Oral and group presentations as assigned
- 3. Group participation at mid-term and final

## VIII. TYPICAL TEXTS

Alfaro-Lefevre, R., Critical Thinking in Nursing, Philadelphia: W.B. Saunders, 1995.

D'Meza-Leuner, J. Mastering the Nursing Process, St. Louis: C.V. Mosby Inc., 1996

Doenges, M., et.al., <u>Nursing Care Plans</u>, 4<sup>th</sup> ed., Philadelphia: F.A. Davis Co., 1997.

Giger, J. and R. Davidhizar. <u>Transcultural Nursing</u>, 2<sup>nd</sup> ed., St. Louis: C. V. Mosby Inc., 1995.

Ignatavicius, D, et. al., <u>Medical-Surgical Nursing Across the Health Care Continuum</u>, 3<sup>rd</sup> ed., Philadelphia: W. B. Saunders Co., 1999.

IX. OTHER SUPPLIES REQUIRED OF STUDENTS: None